

# SHEPPARD CHIROPRACTIC

## CHICKEN POX PIZZA PARTY

About 30 years ago, when I was growing up, I got the chicken pox. My parents invited the entire neighborhood over to the house. Why would they do such a thing? Once a child in the neighborhood had the chicken pox, everyone wanted to get exposed to get the chicken pox. Once you have had it, your body had it for life. Why has our society shifted from such a common childhood disease to wanting to get the chicken pox vaccine?

Doctors' offices around the country began receiving supplies of the newly licensed chicken pox vaccine at the beginning of May. When the FDA licensed the vaccine in March, NVIC questioned the CDC and AAP recommendation calling for mass use of the live varicella zoster vaccine by all healthy children. The chicken pox vaccine is produced in lung tissue obtained from 2 surgically aborted human fetuses, which many parents find abhorrent. Merck admits that the vaccine contains residual components of fetal lung cells. As a parent myself this doesn't seem right. The chicken pox vaccine, which is being manufactured by Merck & Co., which will cost about \$40 per shot, has been controversial for many years because chicken pox is usually a mild disease in childhood. Even its developers admit that the vaccine only causes temporary immunity. The question remains as to whether mass vaccination in childhood will drive chicken pox disease into the older adult population where it can cause many more deaths and complications.

Recently, the parents are requesting that Mercury (thimersol) be removed from vaccine due to its side effects. The vaccine company's reports will be finished in 2001. Parents urge that this is not soon enough.



I was reading a recent add in Parenting Magazine. Tragically, it said about 40 children die each year because of problems due to chicken pox. And sadly, nearly 7,400 kids end up in the hospital. There are 3,300,000 cases of chicken pox per year in children under 15 years of age in the U.S. (1980-1990). Let me explain these figures. Of the 40 children that die, these children are severely immune compromised (AIDS, Liver Disease or Respiratory Disease). As a chiropractor I have found that when children get their spine adjusted that their immune system is two times stronger than that of a child who has not received an adjustment. I am glad to see that over 3 million cases of chicken pox occur each year. The Chicken Pox is a normally occurring childhood disease. I had the disease and so did

my entire family and friends. My son, Ethan Montgomery, recently had the Chicken Pox. He developed a slight fever and broke out with the pustules. I adjusted him every day that week, monitored him and made sure he ate a diet with excessive amounts of fruit and veggies. Within 3 days the Chicken Pox was gone. Parents, a healthy immune system will allow your child to defend and develop the natural immunity to chickenpox. Why would you want a false immune response from the vaccine? Just to prevent a normal childhood disease from occurring when it will have severe complications in adulthood instead of having the real thing.

**For additional information please contact Sheppard Chiropractic at (513) 753-KIDS.**