

# SHEPPARD CHIROPRACTIC

## When Should You Take Your Child To a Chiropractor?

Did you know that some hospitals in Australia have newborn babies checked by a chiropractor right after delivery? If you feel this procedure should be routine throughout the world.

You might be surprised to learn that most adult problems chiropractors deal with actually have a start in childhood. Think about this for a moment, your child's spine is his/her lifeline. Running through it is the spinal cord containing billions of nerves that send messages and information from the brain to every part of the body and back again.

Yes, we all have our very own internal Internet! As long as none of these messages are interrupted, your child should have the very best health possible. If, however, there is any interference with this information "highway," these messages will not reach their designation. As a result the body starts to work improperly. Chiropractors call this malfunction a subluxation. It can be a serious threat to health. It may affect the immune system, lower body resistance, and leave your child prey to various "bugs" and infection.

Some of the examples of malfunction that I see are: asthma, bed-wetting, ADD, chronic ear infections, colic, scoliosis, "growing pains," etc.

### **When should you take your child to a chiropractor?**

When you want your child to have all the benefits of a conservative, natural,

drugless, approach to health. A visit to a Doctor of Chiropractic should be a pleasant experience, one without painful injections and procedures but with plenty of nurturing. It is critical to have your child examined as soon as possible after birth, as the process of delivery can be very traumatic for a newborn and can create subluxations, or misalignments of the delicate spinal bones. This can interfere with your child's "information highway" and cause a myriad of malfunctions.

When your child takes a fall, tumbles, or is involved in some trauma. Such an incident can easily create a subluxation, which can lie undetected for years, surfacing in the adult years as a major health problem.

Your baby should have six check ups at six crucial events in the first year of life.

Chiropractic is one of the safest forms of health care in the world, and the largest drugless health care profession on the globe.

When choosing a chiropractor for your child, ask if he or she has special pediatric training or certification; as in all health professions, Doctors of Chiropractic have a number of specialties within the profession. So ask!

*For additional information, please contact Sheppard Chiropractic at 753-5437.*

