

# SHEPPARD CHIROPRACTIC

## How much is an adjustment worth?

I often hear people telling me that chiropractic is just too expensive or they cannot afford it. It is hard for me to comprehend this because for thirty, out of thirty-three years, I have been going to a chiropractor. My family's insurance did not cover chiropractic, so we had to pay for our adjustments in cash. My father found a way to have his family adjusted on a monthly basis. We also drove to Xenia, Ohio, to get adjusted, which was about two hours total driving. My present insurance does not cover chiropractic care and my deductible is \$2,500 (which gives me significantly lower insurance rates). I want my family's health and wellness to be my responsibility and not a claims adjustor, examiner or a nurse. Insurance companies make decisions based on money and profit.

My family's health is a priority to me, just as it is in your family. We pay for the best food, clothing and shelter for our family, but the greatest gift you can give to them is a healthy nervous system. Why is a healthy nervous system so important? Well, the nervous system is the master controller of the body. It controls and co-ordinates all functions, organs and tissues in your body. Everything that you do involves the nervous system: from seeing, breathing, digesting food, to wiggling your toes. Your



health and your family's health, today and in the future, depends on the 100% flow from your nervous system to the body. In a study done in 1997, a chicken's spine was subluxated or misaligned. It was discovered that the misalignment created weaker, mutated cells in the body, which in turn continued to create more and more weaker cells. This study even went as far to show how it affected the decreased brain function of the chicken. It also showed how these weaker cells were unable to recognize

foreign substances (bacteria, viruses or cancer). This inability to recognize the substances allowed them to enter the body and destroy and take over it.

So, what is an adjustment worth? It is priceless. Ethan Montgomery, my son, was adjusted 30 seconds after he was born. I did this to insure that every cell, nerve and organ was free from interference or a subluxation. This would allow his entire body to work at 100% from the very beginning. Every adjustment will allow his full potential to be expressed at all times. Don't let nerve interference affect your family's health or potential.

***For more information please  
contact Sheppard Chiropractic  
at 753-5437.***